

In essentials, unity. In non-essentials, diversity. In all things, charity.

**First
Christian
Church**
(Disciples of Christ)
A Green Chalice Ministry



The Echo

Volume 19 Issue 9

September 2019

First Sunday Lunch



September 1—12pm

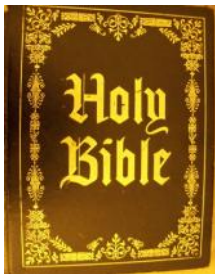


HOT DOGS

The congregation is requested to bring sides, salads, or desserts. The hot dogs and drinks will be provided by the church.

Bible Readings
for the Month

Disciples of Christ
Lectionary



Sept 1—Luke 14:1, 7-14

Sept 8—Luke 14:25-33

Sept 15—Luke 15:1-10

Sept 22—Luke 16: 1-13

Sept 29—Luke 16:19-31

A Message From the President

First Christian Church has been and continues to be a “cool” church. From our members who are more like family to our dedication to taking an active role in helping our fellow citizens of the Rowan County community and beyond, FCC demonstrates what it can mean to be “cool.”

Unfortunately, though, with the state of our air conditioning system, FCC may soon have difficulty “keeping its cool,” so to speak. With our air conditioning system in serious need of repair or replacement, the Board is looking for ways to raise the necessary funds to pay for the needed work. The Board has decided to earmark the money collected at the First Sunday lunches and the money raised at the annual Yard Sale to go toward



President Catherine Rogers

Message continued on p2

Yard Sale

Saturday-September 21 9:00-4:00 pm



Make plans now to attend our annual Yard Sale during Morehead's Arts & Eats Festival. We are extending the hours this year so more people will be able to take advantage of the bargains. There will be new and gently used items donated by members of the congregation. If you have donations, please bring them on Wednesday or Thursday, September 18 or 19 from 8:30-1:00pm. (We are accepting a small amount of donations now to store in the “chair” room.) Contact the office, Joe Barrett, or Anne Buckner.

Proceeds will be used to purchase new HVAC equipment.

Going On in September

First Sunday Lunch September 1

Gateway Basket items due September 1

Outreach Committee Meeting September 1

Labyrinth Prayer Blessing September 8

Yard Sale September 21

Board Meetings September 23

Bell Choir with Guest Harpist September 29

Reconciliation Offerings September 29 & October 6

5th Sunday Offering for Christian Care Communities September 29

OUTREACH COMMITTEE

Spotlighting *Undie Sundays*



Each month the Outreach Committee will be featuring one of our church projects in *The Echo*. The first of these is *Undie Sundays*. This project is at the beginning of school—the month of August and again in February. It supports the Family Resource Centers with the Rowan County Schools and our participation has a direct impact on their ability to help kids in need. Families in poverty often have trouble putting food on the table and clothing needs are even more difficult and costly to meet as children often outgrow clothes quickly. While inexpensive secondhand clothing can be purchased at Goodwill and other area clothing banks, underwear needs to be new. This need often goes unmet for children in poverty.

In February of 2019, 165 items were collected and we are now finishing up the August portion. Thank you so much for your generosity and support of this project. Donations will be accepted through September Sunday Lunch on September 1.

Marge and Susan Thomas, Co-chairs, World Outreach/Missions

On Sunday, September 29, there will be two special ministries highlighted. Reconciliation Ministry Special Offering is once a year. As on every 5th Sunday of the month, you have an opportunity to support Christian Care Communities. For further information, please read below.

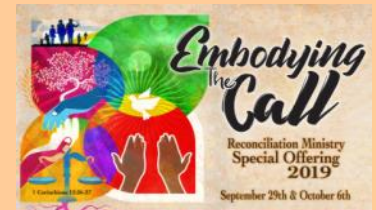
5th Sunday Christian Care Communities Offering September 29



Since its founding by the Christian Churches in 1884 to help Kentucky's widows and orphans, Christian Care Communities has reached out to our neighbors in need. Today, the primary mission is to provide affordable housing and a continuum of services for thousands of older adults. With our help, Christian Care is able to serve this rapidly growing population through an extensive network of retirement communities — including apartments and garden homes for independent living and assisted living, and facilities for skilled nursing care. christiancarecommunities.com

Reconciliation Ministry Offering

September 29 & October 6



As we approach this year's offering, the good news is that the Reconciliation Ministry takes many forms. From providing anti-racism/pro-reconciliation training to offering webinars on the ways in which language can affect how we view and treat people, efforts are continuing to break down racial, ethnic, and cultural barriers. From providing liturgical resources to funding a local Louisville initiative to recruit more mentors of color to work with individuals returning from places of incarceration, support is offered to demonstrate the reconciling love of God.

Message continued from p1.....the Air Conditioning Fund. FCC members, if they so desire, may also make special offerings to the Air Conditioning Fund. I know that we can work together to help First Christian Church "stay cool."

Catherine Rogers

CHURCH LIBRARY SPOTLIGHT

Six Benefits of Reading Everyday



Reading is good for more than just entertainment. Committing part of everyday to reading printed books can make you a smarter, kinder, more relaxed individual. And the positive effects can be felt at any age. Even before they've fully developed their reading skills, kids can benefit from having access to printed materials and being read to on a regular basis. Exposing kids to books, magazines, and more at an early age is a great way to encourage them to be life-long readers, which means they'll reap these benefits for years to come.

1. READING CAN BOOST INTELLIGENCE. People who exhibit strong reading skills early in life grow up to be more intelligent. That was the finding of a study published in 2014 that measured the cognitive development of 1,890 sets of identical twins. When two twins shared the same genes and home environments, early reading skills appeared to be the factor that decided which twin would be better at both verbal tests (like vocabulary) and non-verbal tests (like reasoning tests). Because reading ability is something that's learned, the study authors concluded that more emphasis should be placed on teaching strong reading skills to young children.

2. READING HELPS INCREASE EMPATHY. Reading books doesn't just make you smarter—it can make you a kinder person as well. According to a study published in 2013, people who consume literary fiction have an easier time sensing and relating to emotions in other people. This effect likely has something to do with the way such books are written; great literature forces readers to step outside themselves and empathize with the characters they're reading about.

3. READING CAN LOWER STRESS. Feel stressed at the end of a long day? Cracking open a book is a good way to wind down. A 2009 study found that reading for just 30 minutes has similar stress-reducing effects to doing 30 minutes of yoga.

4. READING MAY CHANGE YOUR BRAIN. Even after you put down a book, the effects of reading it are still present in your brain. A 2013 study discovered that when people read fiction with a strong narrative and plot, their brains continue to behave differently hours and even days later. The brains of readers show increased connectivity in the left temporal cortex—the region responsible for language receptivity—even hours after they've stopped reading. This suggests that reading can train the mind and boost neural function through a process that's similar to muscle memory.

5. READING IS AN EXCUSE TO PUT YOUR PHONE AWAY AT NIGHT. If you're too busy to read during the day, consider making snuggling up with a good book as part of your bedtime routine. Reading a physical book before going to bed is a great alternative to scrolling through your phone—something most of us admit to doing. Research has shown that smartphone use at night makes it harder for people to fall asleep and leads to an overall decline in sleep quality. Some experts say reading books, on the other hand, can have relaxing effects, making it the ideal bedtime activity.

6. READING HELPS FAMILIES BOND. Reading doesn't have to be a solitary activity. When parents read out loud to their children, they can pass on the benefits of reading and encourage meaningful interactions. To reap the positive effects of reading to kids, parents should stick to physical picture books. A recent study found that print books, in contrast to tablets and e-readers, can promote the deepest connections between caretakers and children.

(Source: Mentalfloss.com) Check out the many book choices in your church library to experience the benefits of reading.

Connie Kibbey, Librarian

~Thank You~

~We would like to thank the congregation for your prayers, and thank those who lovingly prepared home-cooked meals for us during Maggie's recent relapse. Now that she is finally getting the correct dose of IVIG infusion, she is recovering. This home-cooked meal ministry is infused with love, hope, healing, and faith. It also gave Ned a respite from cooking. We have some really good cooks in our congregation! Again, we appreciate the meals, as well as the loving kindness of those meals.
Maggie Miles & Ned Breschel

~Dear FCC Family: I am so happy I got to go to church camp. Thank you so much for paying! I learned a lot of new songs, games, and things. I made new friends too. I am so excited to go back next year. Love, Alana Sholar (Anne Buckner's granddaughter and Tiffany Sholar's daughter)

~Thank you to elves Jackie Bailey (landscape); Yvonne Baldwin (painting and garden); Marge Thomas (outreach); Rob Sloss (recycling); Fran Helphinstine (trash removal); Roger Fischer (videographer); Sarah Chaney (First Sunday Lunch); Mark Etherton (student welcome sign); David Perkins (help with HVAC metrics on KU's Advanced Meter website); Genny Jenkins (worship); Connie Kibbey and Ronetta Brown (library); Dwayne Carter (lawn maintenance); Brent Rogers (property); Susan Thomas (green); Jack Whidden (sanctuary chandelier replacements), and Bob Pryor (cereal delivery to Christian Social Services).
FCC

~Dear Friends: thank you for your recent gift of \$130. Please know that we greatly appreciate your friendship and support as we continue a vision of exceptional senior care 135 years in the making. Sincerely, James Patton VP Christian Care Communities

Creation Care.....
Please Recycle

Regional Assembly. The Kentucky Council of Churches will hold its **regional assembly in Morehead** at First Baptist Church on October 24-25. This year's theme is "Reclaiming Jesus," supported by the biblical verse "For I was hungry and you gave me something to eat...." Matt 25:35. For more information, contact Karen Owsley at kao@kycouncilofchurches.org or website www.kycouncilofchurches.org.

September Hymns

September 1

Hymn of Praise *Surely the Presence of the Lord* #263
Hymn of Invitation *Here I am Lord* #452
Hymn of Communion *I was There to Hear Your Borning Cry* #75



September 8

Hymn of Praise *Because He Lives* #562
Hymn of Invitation *I Need Thee Every Hour* #578
Hymn of Communion *On Eagles' Wings* #77

September 15

Hymn of Praise *My Faith Looks Up to Thee* #576
Hymn of Invitation *Just As I Am, Without One Plea* #339
Hymn of Communion *Be Known To Us In Breaking Bread* #398

September 22

Hymn of Praise *What A Friend We Have in Jesus* #585
Hymn of Invitation *Pass It On* #477
Hymn of Communion *Bread of the World, in Mercy Broken* #387

September 29

Hymn of Praise *Joyful, Joyful, We Adore Thee* #2
Hymn of Invitation *Let There Be Peace On Earth* #677
Hymn of Communion *We Come As Guests Invited* #386

Gateway Homeless Shelter Basket

The basket items are due on the first Sundays from January through October.



We donate to the local homeless shelter for families transitioning to a new home.

Acolytes



Bringing In The Light

The acolytes light the candles on the communion table each Sunday morning during Worship Service. At the close of the service, they extinguish the candles.

Thank you to our acolytes Alana Sholar, Ellie Williams, and John Akers.

September Deacons

Elizabeth Ash, Catherine Rogers, Brent Rogers

September Elders

Sept 1—Alana Scott
Sept 8—Ginny & Mark Etherton
Sept 15—Joe Barrett & Susan Thomas
Sept 22—Paul Semisch & Carmen Swim
Sept 29—Paul Semisch & Yvonne Baldwin

Sermon Series with Rev. Seth Frank

1st Corinthians

Rev. Seth Frank is our guest minister through September 22. Join us for uplifting messages.

Sept 1—A Better Way: Love Is Kind
Sept 8—A Better Way: Love Does Not Compare
Sept 15—A Better Way: Love Does Not Demand
Sept 22—A Better Way: Love Rejoices In The Truth



Rev. Seth Frank

September Birthdays

9- Connie Kibbey
11- Jack Whidden
23- Anne Buckner
27- Brian Carter



Treasurer's Report

Income for August is \$6,266.29.
Expenses for August are \$5,806.83.

Mack Fund

In honor of
Yvonne Baldwin
by
Pat and Porter Dailey

Rebate for Water Heater

Morehead Utility Plant Board sent us a gas rebate for the installation of our new water heater. The amount is \$300.

AmazonSmile Donation

We received \$6.29 as a result of AmazonSmile activity between April 1 and June 30, 2019. Thank you to those who have selected FCC as their charity.



What's Going On Websites

oremus Bible Browser
<http://bible.oremus.org>
Green Chalice Ministry
www.disciphomemissions.org/missions-advocacy/
Christian Churches in Kentucky (Disciples of Christ) (our regional DOC)
www.ccinky.net
Christian Churches (DOC) in the US/Canada
<https://disciples.org/>
Disciples of Christ Branded Merchandise
<https://disciples.org/store/> or
CafePress
<https://www.cafepress.com/+disciples-of-christ+gifts>

2019

Choir Members

Caleb Fouts*
Bugs Reinhardt*
Anna Grayson*
Bailey Hobbs*
Mike Dobranski
Kennealy Roberts
Alana Scott
Sarah Chaney
Leeann Akers
Chas Jenkins
Jon Jenkins
Director: Genny Jenkins

Bell Choir Members

Alicia Carter
Jeff Brown
Alana Scott
Genny Jenkins
Sarah Chaney
Director: Sarah Chaney

*MSU interns



Animal Shelter Thank You. Sarah Chaney reports that she delivered the pet food donated in July to the TriCounty Animal Shelter. She said the caretakers and “guests” were very grateful for the donation. Thank you to all who gave so generously.

In & Around FCC



Thank you to all those who made the First Sunday Lunch on August 4 a delicious success. We had a Garden Party with salads, vegetables, fruits, and desserts. In addition to the lunch, we were using our new dishwasher, which was bought with money donated from an anonymous donor. The clean up crew (they always need helpers) were delighted with the efficiency and quickness of the dishwasher. Since we went “Green” in January 2019, the dedicated clean up crew have been washing the dishes by hand. Below, we are now using cloth napkins also. Such a nice change and better for the environment. Thank you to those who are cleaning and preparing for our next lunch on September 1.



Blast from the Past
Longtime church secretary Grace Apel.



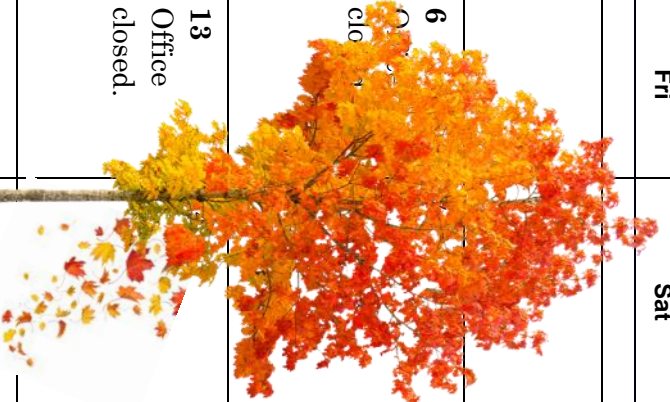





Picture credits: Sarah Chaney.



First Christian September 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 Rev Seth Frank 9:45 Adult Sunday School 10:45 Worship Service 12:00 First Sunday Lunch 1:00 Outreach Committee Gateway Basket items due.</p>	<p>2 Happy Labor Day. The office will be closed.</p>	<p>3 5pm Yoga</p>	<p>4 5pm Adult Bells 7pm Choir</p>	<p>5 5pm Yoga</p>	<p>6 Office closed.</p>	<p>7 Yard Sale 9-4:00 pm </p>
<p>8 Rev. Seth Frank 9:45 Adult Sunday School 10:45 Worship Service 12:00 Labyrinth Prayer Bless 2:00 2nd Sunday Hike</p>	<p>9 </p>	<p>10 5pm Yoga</p>	<p>11 5pm Adult Bells 7pm Choir</p>	<p>12 5pm Yoga</p>	<p>13 Office closed.</p>	<p>14 </p>
<p>15 Rev. Seth Frank 9:45 Adult Sunday School 10:45 Worship Service</p>	<p>16</p>	<p>17 5pm Yoga</p>	<p>18 8:30-1pm Bring yard sale items. 5:00 Adult Bells 7:00 Choir</p>	<p>19 5pm Yoga 8:30-1pm Bring yard sale items.</p>	<p>20 Office closed.</p>	<p>21 Yard Sale 9-4:00 pm </p>
<p>22 Rev. Seth Frank 9:45 Adult Sunday School 10:45 Worship Service</p>	<p>23 6:30 Executive Board Meeting 7:00 Full Board Meeting</p>	<p>24 5pm Yoga</p>	<p>25 5:00 Adult Bells 7:00 Choir</p>	<p>26 5pm Yoga</p>	<p>27 Office closed.</p>	<p>28</p>
<p>29 Reconciliation Offering 5th Sunday Offering 9:45 Adult Sunday School 10:45 Worship Service</p>	<p>30 </p>	<p>October 1 5pm Yoga</p>	<p>2 5:00 Adult Bells 7:00 Choir</p>	<p>3 5pm Yoga</p>	<p>4 Office closed.</p>	<p>5 </p>

First Christian Church (Disciples of Christ)

Genny Jenkins, Choir
Jiyeon McGillicuddy,
Keyboardist
Sarah Chaney, Bells
Kaitlyn Rhoden, Nursery
Open, Youth
Barbara Marsh, Secretary

227 East Main Street
Morehead, KY 40351
606-784-4836

Monday-Thursday 8:30-1pm
Email: fccmky@gmail.com

Website: www.fccmorehead.org



<http://www.facebook.com/fcc.morehead>

Join us for live Sunday
Worship Service @ 10:50am

Photo Archive
flickr

Visit <https://www.flickr.com/people/139711677@N02/>



The St. Andrews Cross on the green chalice signifies we are a Green Chalice Ministry church.

Our certification is pending for
“Certified Green Chalice Ministry.”

JOIN US

Our doors are open each Sunday morning for our congregation and visitors. Adult Sunday School begins at 9:45am and Worship Service begins at 10:45am. If you can't be here in person, join us in spirit by “liking” us on Facebook at [facebook.com/fcc.morehead](https://www.facebook.com/fcc.morehead). You will be notified when the service begins where wonderful preaching and music will be heard. We hope you will join us!



A Christian steward is **Trustworthy**...

Christian stewards can be trusted to make wise decisions concerning the resources placed within their care (Matthew 25:14-30; Luke 16:10-13; 1 Corinthians 4:1-2).

Think of us in this way, we are servants of Christ and stewards of God's mysteries. Moreover, it is required of stewards that they be found trustworthy. (1 Corinthians 4:1-2)