

In essentials, unity. In non-essentials, diversity. In all things, charity.

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The Echo

First Christian Church of Morehead

Volume 22 Issue 1

January 2022

Vespers return January 13



In the middle of a busy week, evening vespers is a respite, a mini-retreat of reflection and prayer. After a short break, our Thursday Vespers on Zoom return January 13 at 7PM. To receive an invitation to Zoom Vespers, send us a message.

Message from the President

Greetings Church Family,

Looking back through our Season of Advent brings a BIG smile to my face and a BIG THANK YOU to all who opened their hearts and arms of love to give so much to those in our community who needed the basics but also received a special blessing of Christmas Gifts.

Our hearts have been broken beyond belief with the catastrophic tornado that ripped through the western part of Kentucky. Seeing the devastation on television and loss of life is difficult to take in but if there is one good thing that came from this it's the way we see our state and country.



Anne Buckner
President

Message p4

Notes From Pastor Nancy

The things of this world do not seem to be going according to plan. For one thing, the altar's on fire. The pastor hasn't notice, thinks the audience is unusually moved by his words...

—Marci Johnson

“O That with Yonder Sacred Throng”

I think it's safe to say that 2021 did not go according to plan. In January of 2021 most of us were anxiously awaiting our turn to be eligible for a COVID-19 vaccine shot. Now here we are, one year later, and less than 55% of individuals in Rowan County have received at least one dose of the vaccine. We've lived through the Delta surge of late summer and fall and watched in disbelief as the National Guard stepped into to assist our local hospital as the hospitalization numbers pushed our medical facilities to their limits. The Omicron variant is now overtaking the numbers of infected and we're still learning more about its severity. The number of COVID-19 deaths reported in Rowan county between September and December was more than double the total number of deaths in all of 2020 and the first half of 2021 combined. And yet, everywhere you go, it's apparent—people are tired of it all. Mask wearing has waned greatly, even though it is one tool to help reduce the spread of COVID-19 and is recommended by health professionals when in public places.

How do we respond when things don't go according to plan? I suspect some of us may be in Eeyore's camp, saying “End of the road. Nothing to do and no hope of things getting better.”

Notes p2



Reverend Nancy Gowler

And then there are others who don't seemed phased a bit, as they set about constructing lemonade stands and making lemonade. Most of us are probably somewhere in between the two.

When considering human responses to adversity, Psychologists speak of resilience, of an individual's ability to adapt to situations of tragedy, trauma, or significant stress. We have been living through an extended time of stress, which has both tested our resiliency and been an opportunity to increase our capacity for resilience. Experts suggest there are four core areas which contribute to our levels of resilience, and that we can develop our resilience by focusing on those areas: connections, wellness, healthy thinking, and meaning. (see *Building Your Resilience*, www.apa.org/topics/resilience)

Connections: Try focusing on relationships which are life-giving and affirming or joining groups which are supportive and cultivate our sense of purpose.

Wellness: In times of stress we often forget about our physical health. Pay attention to healthy eating habits, develop good sleeping patterns, and find ways to our bodies regularly—all these aspects of physical health can help our responses to stress. Consider the regular practice of mindfulness—through prayer, meditation, or journaling.

Healthy thinking: Cut out sources of negativity—try taking a break from social media. Practice gratitude—reflecting on our day or our past and identifying positive experiences can help break thought patterns of negativity.

Meaning: It may sound simple, but helping others gives us purpose and pulls us from an unhealthy focus on ourselves. Reflecting on how we have changed from an adverse experience, identifying points of growth and development, can also build our capacity for resilience.

Being part of a healthy faith community is one way to build on these four components of resilience. I invite you to take some time and reflect on this past year. In what ways have you cultivated resilience? Who has been a part of that growth? How has our faith community contributed to your capacity for resilience? Is there a core component of resilience in which you'd like to focus on this year? How can we as a congregation support one another in the practice of resilience?

We've made it this far together, let's see what the new year holds for us.
For this is the day we have been given; let us rejoice and be glad in it.

Pastor Nancy

Choir & Bells



Genny Jenkins
Music Director

The music department has been hard at work during the Advent/Christmas season. Special thanks to all who helped make the Closer to Home theme come alive through music.

In January we will be featuring the bell choir as well as the return of our interns and the sanctuary choir for Sunday services. This long awaited return is, of course, subject to safety concerns as the pandemic continues

Please be in prayer for all the musicians.

Genny

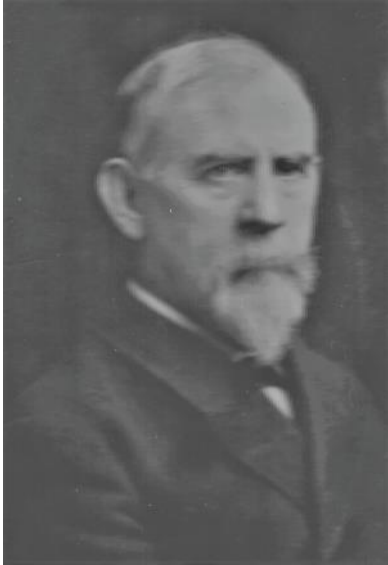


Sarah Chaney
Bells Director

Our Beginnings—A History and Comment
First Christian Church by Anne Reynolds Buckner

Founding of Morehead and Morehead Normal School part 3 of 3 [Rowan County Kentucky](#)

The Hargis name looms large in the history of Morehead State University and the city of Morehead. The Hargis family graveyard was displaced by the impoundment and construction of Cave Run Lake. All affected cemeteries were relocated to other cemeteries, although many graves had only numbers or very faint names. The grave of Col. Hargis must now be one of these numbered markers, but will probably never be known. It is hardly a monument befitting admired by so many and helped form Morehead, Rowan County, and the Commonwealth of Kentucky. It would seem to me a monument in honor of Col. John Louis Hargis, a man held with such high esteem, should be erected in his final resting place among the unmarked numbered headstones in the Alfrey Cemetery on Ky. Hwy. 801 near Scotts Creek.



Judge Thomas F. Hargis

The Hargis family legacy of building community didn't die with Col. Hargis. Both of his sons became lawyers. His son, Thomas Frazier Hargis, joined the Confederate Army with the 5th Kentucky Infantry, later serving in the 10th Cavalry. Having been wounded at the battle of Cynthiana, he returned home to Kentucky to pursue a law degree. He lived in the areas of Nicholas and Bath Counties, and became a county judge, later serving on the bench of the Court of Appeals until September 1884. In 1889, Judge Hargis donated four acres of land and \$500 to Morehead Normal School for the institution's first classroom building, Hargis Hall. The wooden structure was razed 36 years later to provide a site for Allie Young Hall. It is believed that the Hargis Land extended from just east of Allie Young Hall to west of Camden-Carroll Library and south to University Street. The native stone monument just west of this marker was placed in the foundation of Hargis Hall to honor Judge Thomas Hargis for his gift to the struggling young school which would later be moved to the Little Bell Tower Memorial Plaza to be closer to the original Hargis Hall.

Letter to Frank Button from Judge Thomas F. Hargis

Louisville, KY., Nov. 5, 1901

Mr. F. C. Button,

Principal of the Morehead Normal School, Morehead, Kentucky

Dear Sir,

Both of your letters were duly received. I thank every one who had anything to do with the preparations to honor me, or have me present at the laying of the Corner-Stone of the Morehead College. I know of nothing in my whole life that has afforded me more pleasure than what I have done for this school. I do hope the people of all classes, of all churches, and politics in the County will unite and stand shoulder to shoulder in upholding this institution, for they will find it will be of untold blessing to all the people of Rowan County and all the other counties that patronize it. I enclose you herewith my photograph to be placed as you suggest and request in the Corner-Stone to be laid on the 12th inst., when the College as I understand is to be dedicated. If I am not actually prevented I will be present on that day to enjoy the occasion.

Very Respectfully,

Dictated per -

Thomas F. Hargis

Disciples Websites

[Cane Ridge Meeting](#) [Disciples News Service](#) [Christian Church \(Disciples of Christ\)](#) [Disciples Home Missions](#)
[Lexington Theological Seminary](#) [Mission Behind Bars and Beyond](#) [Week of Compassion Disciples of Christ](#)

Message From The President p1

We have reached out in love and compassion in so many different ways. We have an opportunity through our church's Week of Compassion to make a monetary donation to help. One of our sister churches was devastated and anything you would be willing to give would be greatly appreciated.

As we say goodbye to 2021 and welcome the New Year, may we all find ways to reach out to those who are lost, lonely or unloved to make their lives a little better and pray for our country to be a safer and happier place.

I pray for God's blessings on each of you. May you feel his love and grace as you go about doing his daily work.

Sincerely,
Anne



Dear Friends,

Thank you, thank you, thank you.

From thoughtful birthday gifts, to secret Santa presents left on my desk, and a generous Christmas gift, you all have made this a December to treasure. I deeply appreciate the many ways you have made Morehead and FCC a place to call home for me.

Gratefully,
Pastor Nancy



Our 2021 Advent Film Festival explored varied understandings of home and belonging. Lola Smith who was one of our weekly participants created this collage of images from the films.

Thanks for the memories, Lola!



We are thankful for the many volunteers who help with sanctuary and church decorations. Above, Yvonne Baldwin places an Advent parament which she made.



4- Jane Holbrook
11- Miles Paschall
14- Jean Battson
21- Dewayne Carter
23- Mark Etherton
24- Holly Pollock
25- Tommy Griffith
27- Ginny Etherton
27- Riley Pack

Kids Bible Quiz

What do we receive from Jesus?

- a. Love b. Friendship
c. Savior d. Child of God

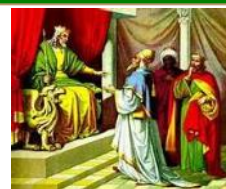
Answer: All!

Bible Quiz

Where did the wise men stop to ask for directions on the way to find Jesus ?

- a. Babylon b. Damascus c. Jerusalem d. Rome

[Matthew 2:1-12](#)



~Thank You~

Rev. Nancy Gowler & FCC,

We would like to take this opportunity to say a heartfelt "thank you" to you and the members of FCC for your generosity and support over this past year. Between the monthly housewarming baskets for residents who are transitioning out of our shelter to the beautiful Thanksgiving baskets we received last week (Nov. 22), FCC truly exemplifies what it means to care for others.

Gateway Homeless Coalition, Inc.

Marilyn Smith Paul Semisch
Exec. Director Asst. Director

~~~~~



Thank you to Bob Pryor, Jeff Brown, Dan Thomas, Ed Scott, Tom Carew, and Fred Howes for their work with the Firewood Outreach Ministry. The met in December to cut, split, and deliver several loads of firewood to Christian Social Services.

~~~~~

Dear Anne and Church Family,

Thank you so much for the wonderful, amazing Christmas gift. I am humbled by the church's generosity. The members of the congregation and friends are a very special group which I love dearly.

Sincerely,

Barbara

December Treasurer's Report

Income \$9,914.56

Expenses \$9,944.24

Donation



\$8.48

by

AmazonSmile Foundation for
activity July 1 and Sept. 30,
2021.

Thank you FCC members & friends.

Mack Fund

in memory of

Rev. Harold Tackett

Peggy Bizzel

Oran and Evelyn Teater

Glen and Betty Walke

by

Di and Ron Walke

5th Sunday Offering

Sunday, January 30

for Christian Care
Communities

Enhancing the journey of life for
older adults since 1884.

[Christian Care Communities](#)



Camp Wakon'Da-Ho New Bathhouse & Pool Campaign

Please consider donating for
needed upgrades.

[Donate to the camp
renovation online](#)

Opportunities for Connection

Women of the Bible Study
via Zoom

Tuesdays 7:00—7:30pm
Contact Sarah Chaney by email
sarah.chaney78@yahoo.com
or call (606) 207-2421.

~~~~~

**We welcome those who want  
to join committees.**

### Congregational Life Committee

Mary Claire Williams @  
(606) 776-8430

[mc.williams@moreheadstate.edu](mailto:mc.williams@moreheadstate.edu)

### Creation Care Committee

Mark Etherton @  
606-776-1745

[ginn1@windstream.net](mailto:ginn1@windstream.net)

### Education Committee

Sarah Chaney @  
606-207-2421

[sarah.chaney78@yahoo.com](mailto:sarah.chaney78@yahoo.com)

### Chalice Prayer Ministry

Maggie Miles  
606-776-4769

[holistichealingwithmaggiemiles@gmail.com](mailto:holistichealingwithmaggiemiles@gmail.com)

The congregation is invited to  
**Blessing of the Prayer Slips**

Sunday, January 9, 2022

after Worship Service

Masks and social distancing  
appreciated.

"For I know the plans  
I have for you," declares  
the LORD, "plans to prosper  
you and not to harm you,  
plans to give you hope  
and a future."  
Jeremiah 29:11



## Wrapping Up Holiday Outreach

Thanks to **everyone** who helped make this year's holiday outreach a tremendous success! Many of you made monetary donations, shopped for children's gifts/clothing and food/supplies for families, or made deliveries to families. It truly takes a village to pull this off, and our FCC village is one of the best! These gifts mean so much to so many! One family was quarantined when we delivered, and so the items had to be placed on the porch of their apartment. As soon as we got out of our cars and started up their walkway with the gifts, we could see three of the children standing at the window, jumping up and down, and as we got closer, we could hear their continuous squeals of delight. I dare say this exemplified the joy that so many children had on Christmas morning when they opened their gifts from FCC. We may not know how much our support meant to each family, but, as the neediest families were chosen for us to help, we can be assured that it was a welcome relief to all.

Penny and Greg Adkins, friends of FCC, gave us a report from their deliveries to the elderly and disabled.



Gifts for Elderly 2021

Penny says, "They were all just stunned that someone cared so much about them. They were all so happy with the food, and the gift card made almost all of them speechless!! One lady told us that she 'prayed for blessings for everyone involved.' The tears in her eyes made me cry as well." Below is a recap of what we accomplished, with the help and generosity of our congregation and extended church family:

We served **10 elderly/disabled individuals** in our area. **Each** received a **\$100 Kroger gift card** and a large **laundry basket** containing

a lap quilt/blanket, a warm scarf or hat, inspirational reading material, hygiene supplies (toothpaste, shampoo, deodorant, denture tabs, razors, shave cream, soap), laundry detergent, food items (dried fruit, canned peaches, applesauce, peanuts, tuna, beef stew, soups, pinto beans, peanut butter, jelly, cereal, oatmeal, cookies, crackers, and candy).

We served **11 Rowan County Families**, with a total of **43 children**. Families were surveyed to determine their needs. Unless the family indicated that their child did not need one, **each child received**

a new coat or warm hoodie, new shoes, gloves and toboggan, pajamas, underwear, socks, pants/sweatpants/leggings, a shirt or top. All clothing items and shoes were newly purchased items.

*In addition, each of the 43 children received a wrapped toy gift or gifts from a member of our congregation or extended church family.*

**Each** of the 11 families also received a **large laundry basket** and **reusable shopping bags** containing

a canned ham, fresh fruit, green beans, corn, sweet potatoes, peaches, applesauce, fruit cocktail, soups, peanut butter, jelly, crackers, tuna, raisins, liquid dish detergent, general purpose cleaner, toilet bowl brush and cleaner, paper towels, washcloths, toilet paper, paper towels, liquid laundry detergent, hygiene items (toothpaste, shampoo, soap, body wash, deodorant, razors, shave cream, lotion).

Again, many thanks to **EVERYONE** who helped in **ANY** way! This is a monumental undertaking, and it would not be possible without every single person who supported this project. Special thanks go to Marge and Susan Thomas, Genny, Greg, and Ethan Jenkins, Elizabeth Ash, Connie Kibbey, and Barbara Marsh, who, in addition to buying gifts and food for children, families, and the elderly, also shopped for large quantities of shoes, underwear, socks, hygiene items, and/or gift cards. Jeff and Ronetta Brown shopped for the children's coats, gloves, hats, pajamas, pants, and shirts. Anne Teager, a friend of FCC who attends First Baptist Church, spent an afternoon sorting items for the children and families.

*Wrapping Up p7*



Friends of FCC, Penny and Greg Adkins, loaded up for Christmas delivery to the elderly/disabled.



Pastor Nancy Gowler created a beautiful card from FCC that was shared with each family and elderly/disabled individual. She also added requested inspirational reading material to each of the baskets for the elderly/disabled recipients.

Baskets and gifts were all delivered to the families' homes, thanks to Brent Rogers, Ashley Adkins, Yvonne Baldwin, Alicia and Dwayne Carter, Eva Johnston, Genny Jenkins, Joe Barrett, Marge and Dan Thomas, and Jeff and Ronetta Brown. Connie Kibbey helped load gifts for delivery.

A very special thanks to Fran Helphinstine and Rob Sloss, who, in addition to shopping and purchasing for children, elderly, and families, came to the fellowship hall after deliveries were made and broke down a mountain of cardboard boxes, taking the whole stack to recycling. Total holiday outreach expenditures were \$6,098.31 and donations to the holiday outreach program were \$4,630. Inflation made all our purchases more expensive this year, but your financial support made it possible for us to continue the standard of assistance we have set for the neediest folks in our community. We will resume our Gateway Housewarming Baskets ministry in February/March. Info and sign-ups for that will be coming in the February Echo.

Thanks for your continued support of FCC Outreach! Many blessings to you and your loved ones in 2022!

Jeff and Ronetta Brown  
Co-chairs, Outreach Committee



Ashley Adkins



Yvonne Baldwin



Joe Barrett



Joe & Jim Fred  
Cassity (hat).



DeWayne Carter,  
Brent Rogers (with  
gift) & Alicia Carter



Dan Thomas, Connie Kibbey  
(with tote), Marge Thomas.



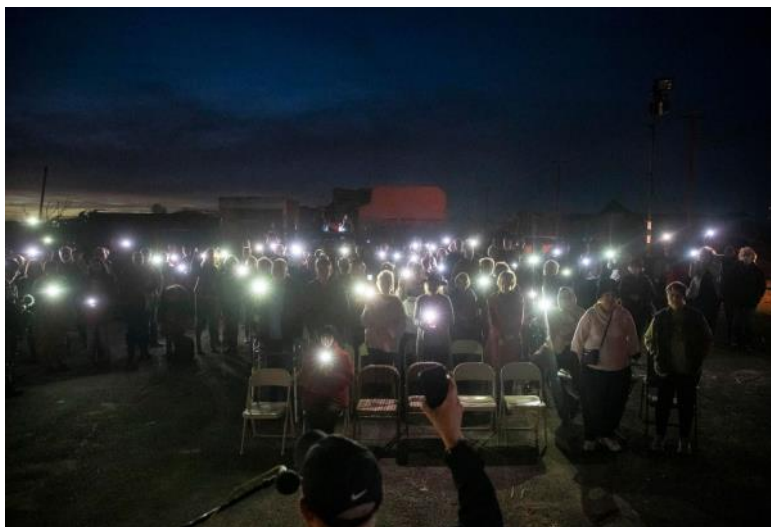
# Storm Response in Western Kentucky

DISCIPLES CHURCHES AND ECUMENICAL RELIEF AGENCIES  
SERVE THEIR COMMUNITIES



## TORNADO RESPONSE

MORE THAN \$107,000 IN  
CWS KITS, CLEANUP BUCKETS +  
BLANKETS ARE ON THEIR WAY.



**First Christian Church of Mayfield:** Cell phone lights as the congregation sang Silent Night and said farewell to their buildings destroyed by storms in December.



**Pembroke Christian Church:** The church has been a center for donations and distributions. They're also a site for organizations who have been serving food.



**First Christian Church of Princeton:** A center for volunteers and donations. Relief volunteers taking a lunch break at the church building.



**Second Christian Church of Mayfield:** a busy donation and distribution center for supplies.

## ADDITIONAL UPDATES

**First Christian Church of Dawson Springs:** The church building is a volunteer check-in location with supplies for volunteers participating in authorized work in the area. Twelve to fifteen families in the congregation experienced damage from the tornado.

To give to Week of Compassion for the KY disaster relief mark checks in the memo line: KY Week of Compassion.



# Resilience and Innovation in the Face of Climate Change: A Virtual Pilgrimage to Bangladesh

FROM GLOBAL MINISTRIES BY LORNA HERNANDEZ

Global Ministries and the Christian Commission for Development in Bangladesh (CCDB) invite you to participate in a virtual pilgrimage to Bangladesh! Join to learn about how people along the coastlines of Bangladesh are responding to the challenges of climate change, rising ocean levels, salination of land, frequent natural disasters, and consequent disruptions and displacement. Participants will learn about the following responses: climate-resilient agricultural practices, alternative skills training, and women's initiatives for social and economic development. This immersion and interaction will be facilitated by the CCDB through a series of sessions of pre-recorded materials and live conversations.



## REGISTRATION INFORMATION

Cost \$25.00 per person 100% of the cost will go to CCDB for the production of pre-recorded materials, visits to various communities, and support of community projects.

### Pilgrimage Schedule

Orientation Session – January 20, 2022 7:00PM – 8:30PM EDT

First Pilgrimage Session – January 25, 2022 8:00PM – 10:00PM EST

Context of Bangladesh

Climate Change Challenges

CCDB Responses and Initiatives

Second Pilgrimage Session – January 26, 2022 8:00PM – 10:00PM EST

Coastal Challenges

Voices from the Communities

Learning Center

Third Pilgrimage Session – January 27, 2022 8:00PM – 10:00PM EST

Our Shared Experience

Moving Forward

Celebration

Debriefing/Evaluation Session – January 28, 2022 7:00PM – 8:30PM EST

Contact Lorna B. Hernandez at [lhernandez@dom.disciples.org](mailto:lhernandez@dom.disciples.org) for questions.

Register at [www.globalministries.org/people-to-people-pilgrimage-registration](http://www.globalministries.org/people-to-people-pilgrimage-registration)

Meeting links, resources, and detailed program will be shared with participants once registered.

This virtual pilgrimage is a collaborative effort between CCDB, the Southern Asia Office, and the People-to-People Pilgrimage Program.

Why a virtual pilgrimage?

*“The virtual pilgrimage made rich connections to the sacred and active presence of God’s spirit in unexpected ways. [Distanced] sharing of bread and wine at God’s table was a powerful statement to the connections being made and the oneness of God’s people in ways unanticipated. Anywhere can become a place for an encounter with the Holy.”* – Ed Evans, former virtual pilgrimage participant

## Practice Sabbath Rest

*Nourish and sustain yourself with rest.*

*Commit to a Sabbath activity today, perhaps one of those listed below:*



- ◇ Go for a walk outside.
- ◇ Sit quietly and meditate.
- ◇ Plant something indoors or outside.
- ◇ Spend time with a friend or loved one.
- ◇ Explore a new area of your town or city.
- ◇ Cook or bake something using a favorite or new recipe.
- ◇ Do yoga or exercise in a way that feels good for your body.
- ◇ Write and mail a letter to someone you haven't talked to in a while.
- ◇ Organize or redesign an area in your home.
- ◇ Draw or create something.
- ◇ Dance or play music.
- ◇ Write a poem or song.
- ◇ Watch a movie.
- ◇ Take a nap.
- ◇ Read a book.

## Cave Run Lake Chapter—Sheltowee Trace Association Sponsors New Year's Day Hike

JANUARY 1 –10 AM



Dave Dummer has offered to lead the first hike of the new year up to Limestone Knob, the highest point in Rowan County. Afterward, Chef Mary Camille will serve black eyed peas and corn bread, a traditional southern dish guaranteed to bring good luck during the New Year.

Hikers will carpool to the trail head on FS road 964, off of FS road 16, which is off Hwy 1274. It's a great way to start the new year. Contact info: Dave email [dhdummer@yahoo.com](mailto:dhdummer@yahoo.com) or text 270-210-6252.



## First Christian January 2022

| Sunday                                                                                                                      | Monday                                                                     | Tuesday                                                                            | Wednesday                                                     | Thursday                                                         | Friday                                               | Saturday                                                                                         |
|-----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|------------------------------------------------------------------------------------|---------------------------------------------------------------|------------------------------------------------------------------|------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| <b>Worship Services</b><br>are in-person and online<br>(Facebook & YouTube).<br>Please join us<br>each Sunday morning.      | Office hours<br>Monday-<br>Thursday<br>8:30-1:00pm                         |                                                                                    |                                                               |                                                                  |                                                      | <b>1</b><br><b>New Year's Day</b><br>Hike to Lime-<br>stone Knob<br>10am—Methodist<br>church lot |
| <b>2 Epiphany</b><br>10:45am Worship Service                                                                                | <b>3</b>                                                                   | <b>4</b><br>Women's<br>Bible Study via<br>Zoom 7pm                                 | <b>5</b><br>Creation Care<br>Committee Mtg<br>via Zoom<br>7pm | <b>6</b><br><b>Epiphany</b>                                      | <b>7</b><br>Office closed.                           | <b>8</b>                                                                                         |
| <b>9 Baptism of the Lord</b><br>10:45am Worship Service<br>Blessing of the Chalice<br>Prayer slips 12pm<br>Planning Mtg 7pm | <b>10</b><br>PRC Committee<br>Mtg via Zoom<br>7:00pm                       | <b>11</b><br>Women's<br>Bible Study via<br>Zoom 7pm                                | <b>12</b><br>Choir rehearsal<br>7pm                           | <b>13</b> MSU class<br>scheduling.<br>Vespers via Zoom<br>7:00pm | <b>14</b> MSU class<br>scheduling.<br>Office closed. | <b>15</b>                                                                                        |
| <b>16</b><br>10:45am Worship Service                                                                                        | <b>17</b><br><b>Martin Luther</b><br><b>King Jr. Day</b><br>Office closed. | <b>18</b> MSU Spring<br>Semester begins.<br>Women's<br>Bible Study via<br>Zoom 7pm | <b>12</b><br>Choir rehearsal<br>7pm                           | <b>20</b><br>Vespers via Zoom<br>7:00pm                          | <b>21</b><br>Office closed.                          | <b>22</b>                                                                                        |
| <b>23</b><br>10:45am Worship Service<br>Newsletter articles due.                                                            | <b>24</b> Executive/<br>Full Board<br>Mtgs via Zoom<br>6:30/7pm            | <b>25</b><br>Women's<br>Bible Study via<br>Zoom 7pm                                | <b>12</b><br>Choir rehearsal<br>7pm                           | <b>27</b><br>Vespers via Zoom<br>7:00pm                          | <b>28</b><br>Office closed.                          | <b>29</b>                                                                                        |
| <b>30</b><br>10:45am Worship Service<br>5th Sunday Offering for<br>Christian Care<br>Communities.                           | <b>31</b>                                                                  |                                                                                    |                                                               |                                                                  |                                                      |                                                                                                  |

## First Christian Church

*(Disciples of Christ)*

Rev. Nancy Gowler, Minister  
Genny Jenkins, Music Director  
Isaiah Florence, Keyboardist  
Sarah Chaney, Bells  
Mia Caudill, Nursery  
Barbara Marsh, Secretary  
227 East Main Street  
Morehead, KY 40351  
606-784-4836

Monday-Thursday 8:30-1pm

Email: [fccmky@gmail.com](mailto:fccmky@gmail.com)

Website: [fccmorehead.org](http://fccmorehead.org)

Sunday Services are in person  
and online at 10:45AM



[facebook.com/fccmorehead](https://facebook.com/fccmorehead)



[youtube.com/user/TheInterper](https://youtube.com/user/TheInterper)



[instagram.com/fccmorehead](https://instagram.com/fccmorehead)



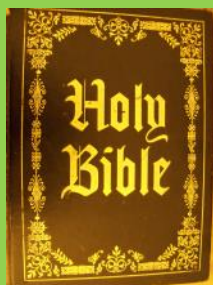
[twitter.com/fccmorehead](https://twitter.com/fccmorehead)



[flickr.com/photos/139711677@N02](https://flickr.com/photos/139711677@N02)

## Bible Lectionary Readings

*Disciples of Christ*



Jan 2—John 1:(1-9),10-18  
Jan 9—Luke 3:15-17, 21-22  
Jan 16—John 2:1-11  
Jan 23—Luke 4:14-21  
Jan 30—Luke 4:21-30

## Epiphany at Home Together

CHALKING THE DOOR

January 6 is the twelfth night of Christmastide, the Feast of Epiphany, sometimes called "Three Kings Day." In some cultures, Epiphany is a primary celebration with presents and parades. The "Chalking the Door" is an ancient spiritual practice of marking a blessing in chalk and inviting God's blessing on a home, church, or other entryway, and on all who enter its doors during the year. All you need is chalk and a doorway. The markings are usually made above the front door or main entrance, in this pattern: **20 + C + M + B + 22**.

Here's a sample liturgy adapted from Beliefnet.com. Each person may take a turn reading the part of the Leader and marking a portion of the inscription on the doorframe.

**Leader:** Peace be to this house and peace to all who enter its door.

**Leader:** A reading from Proverbs: "By wisdom a house is built, and through understanding it is established; through knowledge its rooms are filled with rare and beautiful treasures."

**Leader:** Let us pray: Gracious God, as a shining star once guided the magi to the birthplace of the infant Jesus, may we who dwell here shine as your light in the world; through Jesus Christ we pray.  
**Amen.**

*Using chalk, make the inscription: 20 + C + M + B + 22.*

The letters C M B reflect the 9<sup>th</sup> century traditional names of the "three kings"—Caspar, Melchior, and Balthazar or perhaps from *Christus Mansionem Benedicat*, which means "May Christ bless this dwelling." The numbers indicate the year, 2022.

**Leader:** A reading from Isaiah: "The effect of righteousness is peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and quiet places."

**Leader:** Let us pray: Holy One, bless this home and all who live here with your gracious presence, may your love be our inspiration, your wisdom our guide, your truth our light, and your peace our benediction; through Jesus the Christ we pray. **Amen.**

## Star Words for Epiphany

A SPIRITUAL PRACTICE FOR A NEW YEAR

Inspired by the story of the Magi following a star, the practice of star words for Epiphany has become a common Christian prayer practice for a new year. Star words can serve as a guide, one more way to discover God in our world, dwelling alongside us.

This year we'll be receiving our star words in worship on Sunday, January 2. If you are unable to attend worship or would prefer a star be sent to you, contact the church office. We'll pick a word just for you.

There are optional weekly emails with reflection questions and prayer prompts to aid in your own spiritual discernment. Let us know if you would like to receive these weekly prayer guides.

