

**First
Christian
Church
(Disciples of Christ)**

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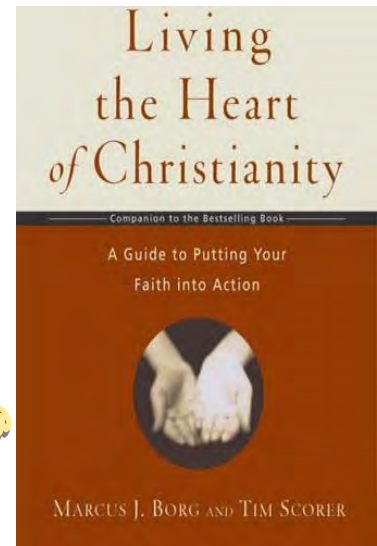
The Echo

Volume 14, Issue 10

October 2014



**Book Study Resumes
October 5
Please join us!**



Animal Blessing Saturday October 11



Our annual animal blessing will be held at 10am.
(Photo by Natalie Mineer)

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NOTES FROM THE PASTOR:

As I write this, it is the autumnal equinox (September 23rd). To my way of thinking, fall is a better time of year to make resolutions than January; there is something about the combination of back to school (new crayons, clean paper, freshly sharpened pencils) and a crisp morning that encourages me to start new habits or to discontinue old ones. So in that spirit....

Now might be a good time to pick out a new devotional book, or to establish a different pattern of centering time with God. There are many wonderful books on the market; don't settle for something light, but look for an author that will challenge you and direct you in new ways of thought and growth. 2014-2015 calendars are now for sale. Here's a thought: why not put church events in your calendar like you do with school, work, or sport events? We make time for what is important.

Don't overload yourself with 'betterment' issues. Think of at least one practice you can begin that will make a difference in someone else's life: send out a card a week; bake a small batch of muffins to take to someone homebound; show up early for church and spend time talking with those around you; when you are at the grocery, pick up something for the Food Pantry.

SLOW DOWN. Around here we encourage a crock-pot approach to establishing our relationship with God. Be mindful, and make mindfulness a habit.

Some examples our friend Thich Nhat Hanh suggests include: seeing the brake lights on the car in front of you as a reminder to slow down and breathe; washing the dishes with a heart full of gratitude for food to eat and a prayer for those who don't have enough; not rushing through your meal, but be aware of how each bite tastes and smells and nourishes you.

Block out ten minutes a day – I know, I know, you say you can't find ten minutes. But you can if you want to. Block out ten minutes: spend 5 minutes talking with God. Spend the next 5 listening to God.

This time of year we are not as bombarded with events and 'stuff' as we are after Christmas; chances are good that if we seek to make these changes now, they will have helped change us enough so that by Advent we may be in a better place in our relationship with God, and in our own life. So, Happy New Year!!

Pastor Malley





Choir Director



This month I'd like to take a minute of your time to introduce to you our choir interns for this year.

They are: Charlie Day, Jorian Johnson, Jasmine Wheeler, and Ashlynn Denney.

They are all music students at MSU and they are all terrific singers. We are so excited to have them with us.

I'd also like to tell you that we are starting rehearsals this week for our Christmas cantata, will be sung during services on December 7. I'd like to invite any congregational members who might be interested in singing in the cantata to let me know and we can talk about practice schedules.

Genny Jenkins
FCC Choir Director

Youth Directors

The church picnic at Carter Caves State Resort Park was a hit! Everyone had a great day. The youth enjoyed a delicious lunch, horseback riding, putt-putt golf, and a cave tour. It was a great day of fellowship and appreciation for God's beautiful earth.

The October meeting will take place on October 26th. We will be discussing the history of our church for Heritage Sunday. A special thank you to Natalie Mineer and Mitch Wilson who will provide lunch for the youth.

Looking forward, we will be busy in November shopping for the Thanksgiving Baskets and preparing for our Christmas Program. This meeting will take place on **November 23rd** rather than the last Sunday in November due to Thanksgiving. The youth always enjoy the opportunity to serve our community by preparing the baskets so be sure to mark your calendars!

Peace,

Chris Prichard and Mary Claire Williams
Co-Directors of the Youth Program

Kroger Card
month of September our church received a check for \$246.80. **The cost of healthy food rises each month—PLEASE update your card if you haven't already.**



For those who enjoy reading the sermon Bible passages for the month, they are as follows:

October 5 : John 14: 1-6
October 12: Matthew 22: 15-22
October 19: Matthew 22: 15-22
October 26: Heritage Sunday



October Birthdays

5- Ingrid McKinney
13- Mary Claire Williams
13- Stacy Baker
16- Donna Graves
17- Jean Hill
18- Makayla Reynolds
18- Neil DeAtley
19- Fran Helphinstine
27- Marcy Mitchell
27- Kia Rayburn



Treasurer's Report

Income for the first three Sundays of September is \$10,357.31.
The average income needed to pay the church expenses is \$10,178.98.

October Elders

October 5: Sarah Chaney and Betty Hall
October 12: Sarah Chaney and Betty Hall
October 19: Jami Hornbuckle and Alana Scott
October 26: Alana Scott and Mark Etherton.

Feldenkrais Class

Maggie Miles and Ned Breschel will lead a set of Feldenkrais lessons on gratitude in November. Feldenkrais exercises are designed to help you learn to move better. These exercises utilize the capacity of the brain to learn through precise, effortless movements of the body. Scheduled dates are 3rd, 10th, and 17th. Questions? Give them a call at either 776-6683 (Ned) or 776-4769 (Maggie).

Children's Church

Thanks to Kathryn Rogers, Dianna Fischer, and Makayla Reynolds, who are taking October Children's Church. Thanks also to Mary Claire Williams who is teaching Children's Church in November.

Yard Sale

This year's church yard sale raised \$945.10 for church operations. Our thanks to Scharlene, Jack and Susan Whidden for managing it again.

Prayer Ministry

On November **9th or 16th:** We will gather up the paper slips of prayer requests and burn them on the cairn in the labyrinth after the church service. This is a tangible and powerful sign that we give our struggles, pain, and concerns to God.

Mack Fund

In Memory of Rozella Abner
Fran Helphinstine
In Memory of Yvonne's Aunt Betty
Fran Helphinstine

October Deacons

Deacons for October are Roger Fischer, Jim Gross, Katherine Rogers, Carmen Swim, Philip Swim, and Mitch Wilson.

AmazonSmile



First Christian Church is now registered with AmazonSmile. If you would like help with signing up, please contact the church office.

Kroger Community Rewards Card



If you have not already done so, please register your KrogerPlus card in order to link up your number with our church. Then when you use your KrogerPlus Card/keytag or use the phone number at the register associated with your KrogerPlus card, you will receive discounts, fuel points as you always have and FCC will receive money from Kroger to help supply healthy food for the Backpack Program.



Silent Auction

The church silent auction will begin Monday, October 27 and will run until Sunday, November 2nd, after the Birthday Dinner. Please contact Jami Hornbuckle if you have any items you wish to donate or to put up for auction.

**Church Picnic
September 28**



Thank You

Dear First Christian Church,

Thank you for the beautiful plant in memory of my Mother. It is wonderful to have the support of friends. Losing a parent is devastating, even it is expected. Your expression of sympathy gave us peace and comfort.

Sincerely,
Barbara Marsh
for Pat Dailey, Susan Grogan, Kelli Barhorst

Thank You

Dear Parishioners,

Thank you for your continued support of the Rowan County FRYSCs (Family Resource and Youth Service Center). In addition to the weekly snack packs, the Undie Sundays also make significant difference. Accidents happen. Many of you will never know the difference that you make through such small contributions when in actuality it may be the only reason a child stays in school on any given day. We know we are blessed and we thank you.

Most sincerely,
Kay Roe, Pat Richmond,
Kellyn Gussler, Darinda Marriner

Instagram

FCC is now on **Instagram!**

If you have Instagram we would love for you to follow FCC Morehead!

And if you would like to know more, feel free to ask Natalie Mineer. Contact her at

nrmineer@moreheadstate.edu

The Heart of Christianity Book Study

In July, Alana Scott led a great discussion of the first part of Marcus Borg's book The Heart of Christianity. Beginning on October 5th and running through the Sundays in October, we will meet again to discuss the second half of the book.

It is not necessary that you went to the first part of the discussion to join in the second part. The group will meet at 5 pm in the Conference Room; books are still available at CoffeeTree.

Schedule

October 5: Chapter 6

October 12: Chapter 7

October 19: Chapters 8 and 9

October 26: Chapters 10 and 11

Baby Pictures Needed!

Church member baby pictures are needed during the month of October. We will be taking pictures of the pictures, making a digital display, and showing them during the birthday dinner on November 2nd.

Animal Blessing

on Saturday, October 11th at 10 am.

Bring your lovely furry friends to be blessed and loved by others in attendance and Pastor Molly.

Please make sure animals are secured by the appropriate leash/cage.

OCTOBER 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>5 9:45 Sunday School 10:45 Service 5pm Heart of Christianity Book Study</p>	6	7 5:30 Yoga	8 5:30 Bells 7:00 Choir	9 5:30 Yoga	10	11 10am Animal Blessing
<p>12 9:45 Sunday School 10:45 Service 5pm Book Study</p>	13	14 5:30 Yoga	15 5:30 Bells 7pm Choir	16 5:30 Yoga	17	18
<p>19 9:45 Sunday School 10:45 Service 5pm Book Study</p>	20	21 5:30 Yoga	22 5:30 Bells 7pm Choir	23 5:30 Yoga	24	25
<p>26 Heritage Sunday 9:45 Sunday School 10:45 Service Noon - Youth 5pm Book Study</p>	27 6:30 Executive Board 7:00 Full Board	28 5:30 Yoga	29 5:30 Bells 7pm Choir	30 5:30 Yoga	31	
	Silent Auction	Silent Auction	Silent Auction	Silent Auction	Silent Auction	

First Christian Church
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Rev. Molly Smothers, Minister
Genny Jenkins, Choir
Mary Claire Williams and
Chris Prichard, Youth
Barbara Marsh, Secretary
Chialing Hsieh, Organist
Sarah Chaney, Bell Choir
Ashley Morris, Nursery
Bethenny Glahn, Nursery
Darrin Roe, Custodian

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Lilah McNeal is reminding us that you can find us on Facebook, Twitter, Instagram, and our website.