

In essentials, unity. In non-essentials, diversity. In all things, charity.



**First  
Christian  
Church**  
(Disciples of Christ)



# The Echo

Volume 18 Issue 2

February 2018

## First Sunday Lunch

February 4—12pm



## Souper Bowl

The deacons are hosting with soup, sandwiches, crackers, ice and drinks.

The congregation is requested to bring sides and desserts.



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# Lenten Opportunities

## Walking In The Newness of Life

February 11—  
March 25 at 9:45am

**Pastors' Class**

February 14—7pm

**Ash Wednesday  
Service**

February 18 & 25

**Week of  
Compassion  
Offering**

February 14-March 29

**Walking In The  
Newness of Life  
Lenten  
Devotionals**

March 18

**Taizé Service with  
Labyrinth  
Walk**

March 25—10:45am

**Palm Sunday**

March 29—7pm

**Maundy  
Thursday  
Service**

March 30—Noon

**Good Friday  
Community  
Service**

March 30—7pm

**Good Friday  
Tenebrae  
Service**

## Chasing Rabbits...

### *The Rules for Being Human*

If confession is good for the soul, here goes: *I love taking and studying personality inventories.* Okay, I admit, I'm a patsy for self-discovery and personal awareness. Currently, Renee and I are taking a class in the Enneagram. So last night I learned my personality contains really strong *perfectionistic* tendencies. Really? Tell me something new! To work on that tendency, evidently I need to practice being a little kinder, gentler to myself. *Okay, I'm game!* My sense is that many of us perhaps need to become a little more kind to ourselves. More than 20 years ago someone gave me the following "rules" for being human. I have no idea who authored this little gem, but I've carried it with me through the years and it has served as a helpful reminder to me. Hopefully, you will appreciate and enjoy these rules for being human as much as I have.



Reverend Don Chase

**YOU WILL RECEIVE A BODY.** You may like it or hate it, but it will be yours for as long as you live. How you take care of it or fail to take care of it can make an enormous difference in the quality of your life.

**YOU WILL LEARN LESSONS.** You are enrolled in a full-time informal school called Life. Each day, you will be presented with opportunities to learn what you need to know. The lessons presented are often completely different from those you think you need.

**THERE ARE NO MISTAKES, ONLY LESSONS.** Growth is a process of trial, error and experimentation. You can learn as much from failure as you can from success. Maybe more.

**A LESSON IS REPEATED UNTIL IT IS LEARNED.** A lesson will be presented to you in various forms until you have learned it. When you have learned it (as evidenced by a change in your attitude and ultimately you behavior), then you can go on to the next lesson.

**LEARNING LESSONS DOES NOT END.** There is no stage of life that does not contain some lessons. As long as you live there will be something more to learn.

**"THERE" IS NO BETTER THAN "HERE."** When you are "there" has become a "here," you will simply discover another "there" that will again look better than your "here." Don't be fooled by believing that the unattainable is better than what you have.

**OTHERS ARE MERELY MIRRORS OF YOU.** You cannot love or hate something about another person unless it reflects something you love or hate about yourself. When tempted to criticize others, ask yourself why you feel so strongly.

**WHAT YOU MAKE OF YOUR LIFE IS UP TO YOU.** You have all the tools and resources you need. What you create with those tools is up to you. Remember that through desire, goal-setting, and unflagging effort you can have anything you want. Persistence is the key to success.

**THE ANSWERS LIE INSIDE YOU.** The solutions to all of life's problems lie within your grasp. All you need to do is ask, look, listen and trust.

**YOU WILL FORGET ALL THIS.** Unless you consistently stay focused on the goals you have set for yourself, everything you've just read won't mean a thing.

To this fine list of "rules to be human," I would add at least one addition:

**MAINTAIN RELATIONSHIPS, STAYING ESPECIALLY CONNECTED TO SIGNIFICANT OTHERS.** Watch, listen, laugh, be vulnerable and stay curious! So what additional "rules" would you add? *So very glad to be your (transitional) minister, First Christian Church.*

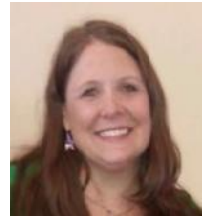
*Pastor Don*

## YOUTH GROUP

The Youth met on January 28<sup>th</sup> immediately after the service for our regular monthly meeting. We talked about poverty in America and played a few poverty simulation games. Thank you to Genny Jenkins for providing the meal for the meeting.



Youth Group Meeting, January 28, 2018.  
From left, Ellie Williams, Sam Rogers, and Keyairah Bailey. *Photo by Mary Claire Williams*

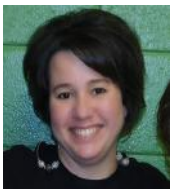


Mary Claire Williams

Our February meeting will take place on Sunday, February 25<sup>th</sup> immediately following the service until 3:00 p.m. I am looking for a few people to help provide the meal. Please contact Mary Claire if you are willing to help.

If you would like to help teach Children's Church, you can sign up on the bulletin board. The months of February through December are open. A very special thank you to Brian Carter for teaching Children's Church and practicing bells with the younger youth during the month of January. We have two youth who will continue Pastor's Class beginning on February 11<sup>th</sup> at 9:45am. Please support them on this journey.

**Mary Claire Williams**  
Youth Director



Genny Jenkins

## CHOIR and BELLS

The music department is in full swing as we plow through the winter season. As we head into February, we will be hearing from the choir as well as all three of our bell choir groups.

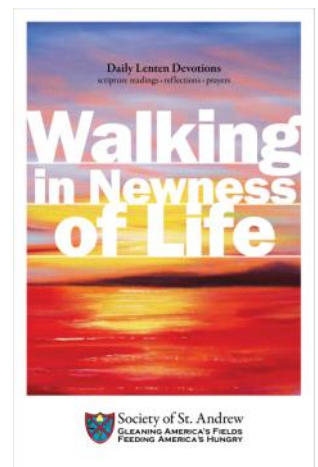
The Lenten season will begin on February 14<sup>th</sup> this year and for my column this month, I wanted to highlight a song we will be using as part of this six-week walk to Easter. The song is titled "Ashes" composed by Tom Conry.

Our Lenten theme will be "Walking in Newness of Life" with a focus on Lent as a journey of renewal. "Ashes" is a song of renewal and hope. The choir will be singing it on Ash Wednesday during the service and then we will be using verse one as the Congregational Response at the end of the service during the Lenten season. You can look it up, if you wish, on Youtube (just search for ashes tom conry).

The words for verse one are as follows: *"We rise again from ashes, from the good we've failed to do. We rise again from ashes, to create ourselves anew. If all the world is ashes, then must our lives be true; an offering of ashes, an offering to You."*

It is our hope that this song will serve as a weekly reminder of our walk together through Lent and our efforts to do better each day as we strive to *Walk in Newness of Life*.

**Genny Jenkins**, Choir Director



Daily Lenten Devotional

### ~Thank You~

~To the Board: Thank you so much for the Amazon gift card. Most of all, thank you for always supporting my service to the church.

All my love, Mary Claire Williams

~To Ellie, Keyairah, and Mary Claire for cleaning the acolyte torches with brasso on January 28. FCC

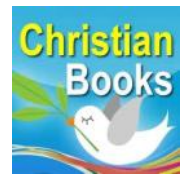
~To Scharline Whidden for January communion preparation and to Brian Carter for January children's church. FCC



### Undie Sundays in February

We support the Rowan County Family Resource Centers in their need for new underwear for any accidents that may happen. If you would like to help with this ministry, bins will be located at the doors for collection. These donations will benefit students from preschool through 12th grade. Sizes and styles needed are: Girls size 4 – 10, Boys size 4 – 10, Ladies bikini cut size 4 – 12, Men's boxer briefs size small and medium. Contact Genny Jenkins, Susan/MargeThomas.

### Donations are being requested for the New Church Library!



.....book cases, a small desk/table, a small lamp, and books from the following categories: Disciples of Christ denomination books, Bible study, biographies, Christian education, Christian living, faith, family, and aging, grief/suffering, religious history, self-help, inspiration, wellness, spiritual growth, devotions, Christian fiction, social justice, children's books, and young adult books. Monetary donations may be made to 227 East Main Street, Morehead, KY 40351. If you have any questions about the library, please see Connie Kibbey or Ronetta Brown. *Thank you to Sarah Chaney for the Reader's Digest subscription!*

### ALL MEANS ALL T-SHIRT



Would you like to have a "Rainbow Chalice" T-shirt? It comes in gray or blue. Please contact the office (606-784-4836).



S,M,L,XL \$20  
2X \$21  
3X \$22

### Prayer Ministry

February 11—12pm

We will gather up the prayer slips and burn them on the cairn in the Labyrinth Garden after the worship service. This is a tangible and powerful sign that we give our struggles, pain, and concerns to God. Contact Maggie Miles (606) 776-4769 or email [maggie@holistichealingnow.com](mailto:maggie@holistichealingnow.com).



L to R: Maggie Miles, Brian Carter, and Jim Fred Cassity.

**Kroger donates to FCC.** The amount received in January was \$255.89. And thank you for your continued use of your **Kroger** card for First Christian Church.



### February Elders

- 4—Susan Thomas and Yvonne Baldwin
- 11—Susan Thomas and Joe Barrett
- 18—Paul Semisch and Carmen Swim
- 25—Larry Fannin and Yvonne Baldwin

### Treasurer's Report

Income for January is \$7,611.58.  
Expenses for January are \$7,745.66.  
The expenses are for January only.

### February Deacons

- Frank Helphinstine, Ned Breschel,
- Kathryn Rogers, Jon Stigall,
- Brian Carter, DeWayne Carter

### Gateway Home Baskets

February Gateway Home Basket items are due on February 4. Contact Susan or Marge Thomas if you would like to help.

## February Birthdays

5- Rev. Donald Chase 18- Hedy Caldwell  
12- Brent Rogers 18- Alicia Carter  
12- Anthony Paschall 20- Norm Lytle  
17- Glen Buckner 21- Gabriel Arrowwood  
17- Betty Hall 24- Susan Thomas



## Mack Fund

*In memory of*

### Faith Fannin

Emma Lou and Jim Gross

~~~~~

*In memory of*

### Gail Lynn Baker-Small

(Stacy Baker's mother)

### Bobby Jack Carney, Sr.

(Anita McNeal's father)

### Sadie Eileen Angell

(Matt Nutter's grandmother)

Marge and Dan Thomas

## Living Memorial Fund

*In memory of*

### Faith Fannin

Michele Ripley & Barry Stumbo

## Rev. Donald Chase—Transition Minister

We are so pleased to welcome back Reverends Don and Renee Chase who will guide us during the coming months. Pastor Don is the director of Clinical Pastoral Education (CPE) and lead chaplain at the Lexington VA Medical Center where he has served for the past almost 12 years. His education includes the M.Div., M.A., and B.S. degrees. Reverend Renee will lead the Pastors' class (with assistance from Pastor Don.)

## February Events

Yoga Tues&Thurs 5:30-7pm; Youth/High School Bells Wed 6:15pm; Adult Bells/Choir Wed 5:00/7:00pm; Elem/Middle Bells Sun 9:45am

## February is Undie Sundays (article p.2).

**Sunday, February 4** 12-2pm First Sunday Lunch Souper Bowl. The deacons will provide soup, sandwiches, crackers, ice and drinks. The congregation is requested to bring sides and desserts.

## Sunday, February 11

-9:45am Pastors' Class & preparation for baptism.  
-12pm Prayer Slip Offering in the Labyrinth.

**Wednesday, February 14** 7pm Ash Wednesday Service at FCC with Faith Presbyterian.

**Sundays, February 18 & 25** Week of Compassion Offering.

**Monday, February 19** Presidents' Day. The office will be closed.

**Saturday, February 17** 2pm Fellowship Hall reserved for baby shower. Contact Kaitlyn Paschall. *Friday, February 16, from 6-9pm is reserved for decoration.*

**Sunday, February 25** 12-3pm Youth Meeting

**Monday, February 26** 6:15/7pm Executive/Full Board Meetings

## Ash Wednesday Service

### February 14— 7pm ~ Imposition of Ashes

Ash Wednesday is a Christian holy day that is not a biblical requirement (just like Christmas and Easter, which are not commanded in Scripture). Nevertheless, it has been honored by Christians for well over ten centuries, falling at the beginning of Lent, a six-week season of preparation for Easter. In the earliest centuries, Christians who had been stuck in persistent sin had ashes sprinkled on their bodies as a sign of repentance, even as Job repented "in dust and ashes" (Job 42:6). Around the tenth century, all believers began to signify their need for repentance by having ashes placed on their foreheads in the shape of a cross. Notice: even this sign of sinfulness hinted at the good news yet to come through its shape. Ash Wednesday is not some dour, depressing holy day because it symbolically anticipates Good Friday and Easter.



An cross of ashes is placed on the forehead during the Ash Wednesday service.

**BREAD FOR ALL**

# IN & AROUND FCC

First  
Sunday  
Lunch  
on  
January  
7

Photos  
by  
Connie  
Kibbey



## Society of St. Andrew

GLEANING AMERICA'S FIELDS - FEEDING AMERICA'S HUNGRY

HOME HUNGER & WASTE ABOUT US REGIONAL OFFICES GETTING INVOLVED RESOURCES FAITH PROGRAMS

*Walking in Newness of Life - Lenten Devotions*  
Daily Devotions and Giving Program, February 14 - April 1, 2018

### Lenten Devotionals in Your Inbox

Would you like to daily Lenten devotionals sent to your inbox?

Here is the link from the Society of St. Andrew

<http://endhunger.org/lent>

Fill in your name and email address.

Use This Form to Order Lenten Materials

There is no charge for items or shipping.

#### Your Contact Information

Prefix   
Ms., Mr., Rev., etc. (optional)

First Name \*  Last Name \*

Email Address \*

#### Lenten Devotions by Daily Email

Email \*

First Name

Last Name

By submitting this form, you are granting: Society of St. Andrew, 3383 Sweet Hollow Rd., Big Island, VA, 24526-9517, permission to email you. You may stop us via the

## First Christian Church February 2018

|                                                                                                                                                                                                                                        | Mon                                                                                                    | Tue             | Wed                                                                                | Thu                                                                                | Fri                  | Sat                                                       |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-----------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|----------------------|-----------------------------------------------------------|
|                                                                                                                                                                                                                                        | Office Hours:<br>M-Th 8:30-1pm                                                                         |                 |                                                                                    |                                                                                    |                      |                                                           |
|                                                                                                                                                                                                                                        |                                                                                                        |                 |                                                                                    | 1<br>5:30 Yoga                                                                     | 2<br>Office closed.  | 3                                                         |
|  <p>4 Rev. Donald Chase<br/>9:30 Adult Sunday Schoo<br/>9:45 Pastors' Class<br/>10:45 Worship Service<br/>12-2:00 First Sunday Lunch Souper Bowl</p> | 5                                                                                                      | 6<br>5:30 Yoga  | 7<br>5:00 Adult Bell Choir<br>6:15 High School Bell Choir<br>7:00 Choir Rehearsal  | 8<br>5:30 Yoga                                                                     | 9<br>Office closed.  | 10                                                        |
| <p>11 Rev. Donald Chase<br/>9:30 Adult Sunday School<br/>9:45 Pastors' Class<br/>10:45 Worship Service<br/>12:00 Prayer Slip Offering</p>                                                                                              | 12                                                                                                     | 13<br>5:30 Yoga | 14<br>7:00 Ash Wednesday Service                                                   | 15<br>5:30 Yoga                                                                    | 16<br>Office closed. | 17 1-4pm Fellowship Hall reserved. Private Birthday Party |
| <p>18 Rev. Donald Chase<br/>9:30 Adult Sunday School<br/>9:45 Pastors' Class<br/>10:45 Worship Service<br/>Wk of Compassion Offering</p>                                                                                               | 19 Office closed.<br> | 20<br>5:30 Yoga | 21<br>5:00 Adult Bell Choir<br>6:15 High School Bell Choir<br>7:00 Choir Rehearsal | 22<br>5:30 Yoga                                                                    | 23<br>Office closed. | 24                                                        |
| <p>25 Rev. Donald Chase<br/>9:30 Adult Sunday School<br/>9:45 Pastors' Class<br/>10:45 Worship Service<br/>12-3pm Youth Group<br/>Wk of Compassion Offering</p>                                                                        | 26<br>6:15/7pm Executive/Full Board Meetings                                                           | 27<br>5:30 Yoga | 28<br>5:00 Adult Bell Choir<br>6:15 High School Bell Choir<br>7:00 Choir Rehearsal |  |                      |                                                           |
|                                                                                                                                                                                                                                        |                                                                                                        |                 |                                                                                    |                                                                                    |                      | 30                                                        |

First Christian Church  
(Disciples of Christ)

**Interim Minister**

Genny Jenkins, Choir  
Mary Claire Williams and  
Barbara Marsh, Secretary  
Sarah Chaney, Bell Choir  
Kaitlyn Rhoden, Nursery  
Darrin Roe, Custodian

227 East Main Street  
Morehead, KY 40351  
606-784-4836

Email: [fcmky@gmail.com](mailto:fcmky@gmail.com)

Website: [www.fcmorehead.org](http://www.fcmorehead.org)

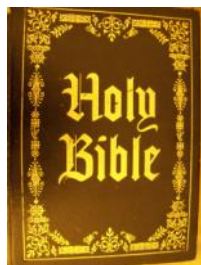


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Disciples of Christ  
Lectionary



- Feb. 4—Mark 1:29-39
- Feb. 11—Mark 9:2-9
- Feb. 18—Mark 1:9-15
- Feb. 25—Mark 8:31-38

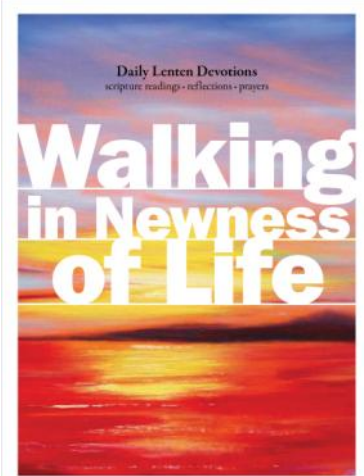
**Congregation Contact Info**

Would you like a list of congregation members? If you would like one emailed or mailed to you, please let us know. Phone (606)-784-4836 between 8:30-1pm Monday-Thursday, or leave message if after hours. Our email address is [fcmky@gmail.com](mailto:fcmky@gmail.com). Thank you!

**Lenten devotionals will be arriving soon.**

Lent begins Wednesday, February 14. Traditionally, Lent is a season of penitence, a time of asking God’s forgiveness for our sins, and seeking a new way of life in Christ, day by day, as we approach the death of Jesus and look forward to his resurrection.

Our 2018 title is *Walking in Newness of Life*, based on the benefit of renewal from Romans 6:4, and is a great resource. In the devotional booklet, you will find daily meditations and prayers that show how renewal begins or is refreshed, through life’s circumstances. These devotionals are written by people of deep and abiding faith: pastors, missionaries, and laypersons from many Christian traditions.



Society of St. Andrew  
CLEANING AMERICA'S FIELDS  
FEEDING AMERICA'S HUNGRY



In addition, we will have coin boxes available as a family project, to collect coins to end hunger. Pick up one when the devotionals arrive. Money collected will be forwarded to the [Society of St. Andrew](http://www.societyofstandrew.org).